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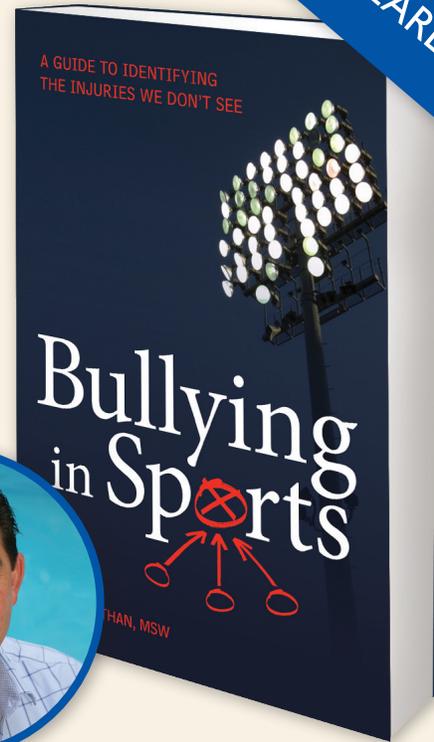
# BULLYING IN SPORTS

## A Guide to Identifying the Injuries We Don't See

BY COACH RANDY NATHAN, MSW

*“This book is a wake-up call to parents, educators, officials and coaches revealing the unspoken crisis and the accepted core culture that is being taught and role modeled to young athletes in this country.”*

– COACH RANDY NATHAN



“While the issue of bullying transcends all ethnic groups and social strata, there is a breeding ground for what is transpiring and it occurs under the guise of teamwork, sportsmanship and pushing for excellence. It takes place out in the open, fostered in our culture and cheered on by parents and fans alike. The athlete is revered and even worshiped as a hero. Bullying is born in the locker rooms, the dugouts, the practice fields and the weight rooms. In the hallowed halls of youth sports, bullying is tolerated and taught, supported and sustained, modeled and manifested. The lip service paid to this national tragedy has allowed the problem to fester, virtually unchecked, for generations.” – COACH RANDY NATHAN

### ABOUT THE AUTHOR

As a Sports Bully Expert, Randy Nathan has worked with thousands of youth, teens, parents and adults to help create better lives. For the past eight years he has worked with countless youth who have been bullied, as well as those students who bully.

Randy has coached baseball and softball at the recreational, travel, middle and high school levels. For nearly a quarter of a century he has met young teens who consider themselves a ‘chew toy’ for other athletes, parents who are distraught and frustrated with their school’s or coach’s lack of action, athletes whose

parents embarrass them on the field and the inability of coaches to comprehend their behavior towards players, officials and parents both on and off the field. He is currently the Mental Training Coach for the University of Rutgers-Newark baseball team.

Randy is the President/CEO of Project NextGen a leadership, training and professional coaching organization. His high energy and dynamic approach engages participants by introducing valuable strategies to overcome obstacles and inspires them to achieve their personal goals.

For more information or to learn more about this important topic  
contact Coach Randy at: [www.projectnextgen.com](http://www.projectnextgen.com) or [www.coachrandysays.com](http://www.coachrandysays.com)

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\*The Table of Contents is not finalized.

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