

TEN LIFE PRINCIPLES

I AM WHO I CHOOSE TO BE

THERE ARE NO MISTAKES, ONLY OPPORTUNITIES

I AM A PRODUCT OF MY BELIEF SYSTEM

A PURPOSE CAN BE FOUND IN EVERYTHING THAT
HAPPENS

THE ONLY CONSTANT IS CHANGE

PAIN IS INEVITABLE, SUFFERING IS OPTIONAL

LIFE IS A PERCEPTUAL ILLUSION

I AM GREATER THAN I APPEAR TO BE

LIFE IS A JOURNEY, NOT A DESTINATION

CHALLENGES ARE OPPORTUNITIES FOR GROWTH

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