



DISCUSSION GUIDE

FOR COACHES & ATHLETIC DIRECTORS

1. What is your current approach regarding bullying and bullying behavior?
2. What are the state laws that impact the conversation on bullying in your school?
3. What are your thoughts regarding the three components of bullying behavior ~ aggressive, repetitive and creating an imbalance of power. Do you agree? Disagree? Why?
4. What role does sports have in your school? Do your players have any role in the actual design of the climate of the school? How can bullying be addressed through the sports department within your school?
5. What are your thoughts regarding Locker Room Mentality? What strategies are you implementing to ensure a safe and appropriate environment for your players?
6. What are your thoughts on teaching empathy to players? How would you go about teaching that?
7. Do you agree with what Coach Randy says about the prevalence of bullying in sports? What about the Bully Player? Bully Coach? Bully Parent?
8. What are your three most important lessons you will take from the book and use as a coach with your team? How do you plan on utilizing them?
9. What do you think about the stories of the Upstanders at the end? What can you do encourage your players to follow suit?
10. After reading *Bullying in Sports* what is one change you want to make? What are the challenges to creating that change? What is your plan to overcome the obstacle?
11. What in the book made you laugh? Cry? Angry? Make you think?
12. What are your own questions?